

Heritage Black Belt Academy

2022 SUMMER CAMP – JULY 18-22, 2022

Space is limited - sign up TODAY!

Heritage Black Belt Academy summer camps are a popular, fun place to be! We offer a week-long, all-day camp that allows students to focus and work to improve their martial arts as well as develop new leadership and interpersonal skills. This year, summer camp will be held at the Northend Community Center, 2000 Elmwood Ave., in Lafayette.

WHAT HAPPENS AT SUMMER CAMP?

Color belt students will work on Taekwondo techniques, self-defense, and weapons, and will test for belt advancement at the end of the week. Black belt students have the opportunity to gain experience as leaders, mentors and instructors. Breaks from training will include swimming, games and other activities.

AWESOME! WHEN IS CAMP SCHEDULED?

Heritage Black Belt Academy Summer Camp will run from Monday, July 18, through Friday, July 22. Drop-off starts at 7:45 a.m. and camp begins officially at 8:00 a.m. All students must be picked up by 4:15 p.m.

There will be a belt testing ceremony at 3:00 p.m. on Friday, July 22.

WHAT SHOULD STUDENTS WEAR / BRING TO CAMP?

Students should wear their uniform pants and a comfortable t-shirt. A camp t-shirt will be provided on the first day. (Some students prefer to bring an extra shirt for those particularly “sweaty” days.) Bring a swimsuit, towel, and shower shoes for pool days. Everyone should also bring a sack lunch, a snack and a filled water bottle each day.

WHO CAN ATTEND AND WHAT DOES IT COST?

Camp is open to students of all ranks, Beginner Class and up. Camp fees are \$125 for the week which includes a camp t-shirt, new rank and testing.

ENROLLMENT

Complete and submit the enrollment form (reverse side of this document) **by Saturday, June 18**, along with your \$125 payment.

2022 SUMMER CAMP ENROLLMENT FORM

Student Name: _____

Current Belt Color: _____ Age: _____

Shirt Size: **Child** S [] M [] L [] :: **Adult** S [] M [] L [] XL []

Parent / Guardian Name: _____

Parent / Guardian Phone: _____

Parent / Guardian Email: _____

Any known injuries, allergies or health concerns:

NOTIFICATION OF PHYSICAL INJURY AND WAIVER

I understand that aerobic exercise, kickboxing, Taekwondo, self-defense training, swimming and other forms of physical exercise possess inherent risks of injury. While all reasonable care will be taken to prevent harm or injury, I agree to hold harmless the Heritage Black Belt Academies, Northend Community Center, the American Taekwondo Association, their principals, their instructors, their employees, their volunteers, and their heirs in the event of accidental harm or injury to myself or my child during the summer camps. I also understand and agree to all of the terms and conditions outlined above and understand that no refunds will be rendered at any time for any circumstance.

Signed: _____ Date: _____

Signed by: (circle one) Adult Student Parent Guardian

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